

Skills Institute Class Schedule

Winter 2019/20: December 2nd - March 15th



Location

Sports Center of Richmond (SCOR)
1385 Overbrook Road
Richmond, VA 23226

For More Information

Jeremy Sternlicht
Skills Institute Coordinator
Jeremy@scor-richmond.com
804.257.7267

Cost

\$16.50/class
Shirt included with cost of full season (\$20/individual, \$30/family)

Additional Information

Annual Membership required

Class Holidays

No classes 12/23/2019 - 1/5/2020

- Perfect preparation for future seasons or tryouts
- Competitive technical sessions
- Enhance your acceleration, coordination, agility and reaction time
- Improve your passing & receiving, ball control and shooting skills

Register Today!
scor-richmond.com
804.257.7267

None of these times work for you? Start your own private class! Call (804) 257-7267 to set up your OWN class!

Class Name & Age Range	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Skills Insititute - Level 1 Ages 5 - 6			4:00pm		9:00am	10:00am
Skills Insititute - Level 1 Ages 7 - 8			4:00pm		9:00am 10:00am	
Skills Insititute - Level 1 Ages 9 - 12		5:00pm	4:00pm		10:00am 11:00am	
<u>Skills Institute Team Training:</u> private group lessons - if interested, email Jeremy@scor-richmond.com						