

2025 Adult 7v7 Coed League Dates (Sunday/Monday/Tuesday)

Session	Start Date	End Date	Weeks/Days off
Winter II	Jan 5/6/7	March 2/3/4	9 weeks 8 games
Spring Updated!	March 9/10/11	April 27/28/29	8 weeks 8 games OFF: 4/20 6 games
Summer	May 4/5/6	July 6/7/8	10 weeks 8 games OFF: 5/25,26 6/29,30 7/1
Summer II (6 week)	July 13/14/15	Aug 17/18/19	6 weeks/games
Fall	Aug 24/25/26	Oct 19/20/21	9 weeks 8 games OFF: 8/31 9/1
Winter I	Oct 26/27/28	Dec 14/15/16	8 weeks/games

2025 Adult 7v7 Men's League Dates (Wednesday/Friday)

Session	Start Date	End Date	Weeks/Days off
Winter II	Jan 8/10	March 12/14	10 weeks 8 games
Spring Updated!	March 19/21	May 7/9	8 weeks/ games 6 Games
Summer	May 14/16	July 9/11	9 weeks 8 games OFF: 7/2,4
Summer II (6 week)	July 16/18	Aug 20/22	6 weeks/games
Fall	Aug 27/29	Oct 15/17	8 weeks/games
Winter I	Oct 22/24	Dec 17/19	9 weeks 8 games OFF: 11/26,28

If a date is not listed as "OFF" games will be played on that date, if your team can't play a certain date please include it in your team notes

2025 4v4 Coed League Dates (Mondays)

Session	Start Date	End Date	Weeks/Days off
Winter II	Jan 6	March 3	9 weeks 8 games
Spring Updated!	March 9/10/11	April 28 April 14	8 weeks 8 games 6 Games No Games 4/21, 28
Summer	May 5	July 7	10 weeks 8 games OFF: 26 6/30 7/1
Summer II (6 week)	July 14	Aug 18	6 weeks/games
Fall	Aug 25	Oct 20	9 weeks 8 games OFF: 9/1
Winter I	Oct 27	Dec 15	8 weeks/games

2025 4v4 Men's League Dates (Wednesday)

Session	Start Date	End Date	Weeks/Days off
Winter II	Jan 8	March 12	10 weeks 8 games
Spring Updated!	March 19	May 7	8 weeks 8 games 6 Games No Games 4/23,30
Summer	May 14	July 9	9 weeks 8 games OFF: 7/2
Summer II (6 week)	July 16	Aug 20	6 weeks/games
Fall	Aug 27	Oct 15	8 weeks/games
Winter I	Oct 22	Dec 17	9 weeks 8 games OFF: 11/26

If a date is not listed as "OFF" games will be played on that date, if your team can't play a certain date please include it in your team notes

2025 4v4 Women's League Dates (Thursday)

Session	Start Date	End Date	Weeks/Days off
Winter II	Jan 9	March 13	10 weeks 8 games
Spring Updated!	March 20	May 8	8 weeks 8 games 6 Games No Games 4/24, 5/1
Summer	May 15	July 10	9 weeks 8 games OFF: 7/3
Summer II (6 week)	July 17	Aug 21	6 weeks/games
Fall	Aug 28	Oct 16	8 weeks/games
Winter I	Oct 23	Dec 18	9 weeks 8 games OFF: 11/27

If a date is not listed as "OFF" games will be played on that date, if your team can't play a certain date please include it in your team notes